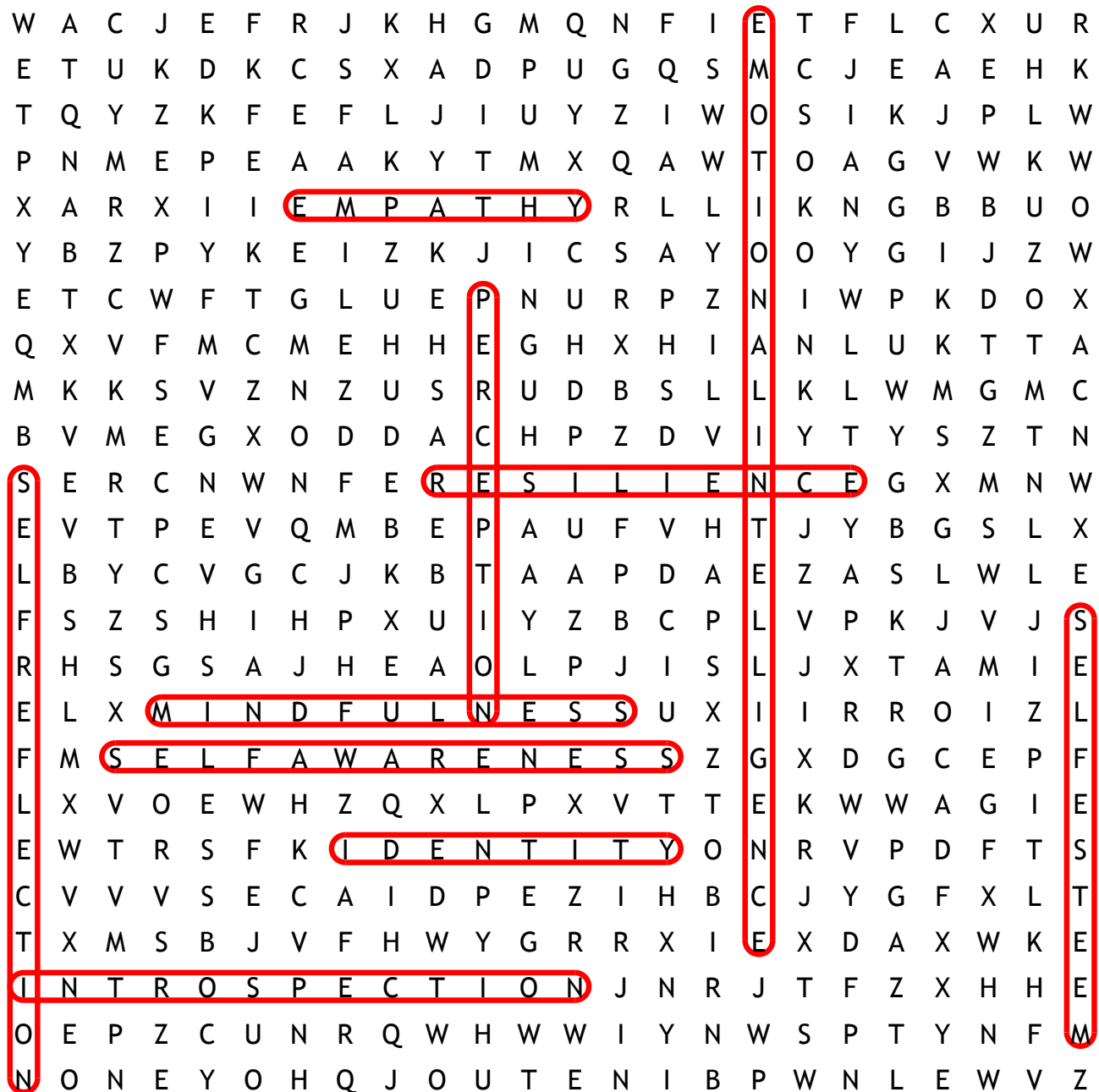


#1: WORD SEARCH KEY

How To Develop Self-Awareness As A Student



Emotional Intelligence

Mindfulness

Resilience

Self-esteem

Identity

Introspection

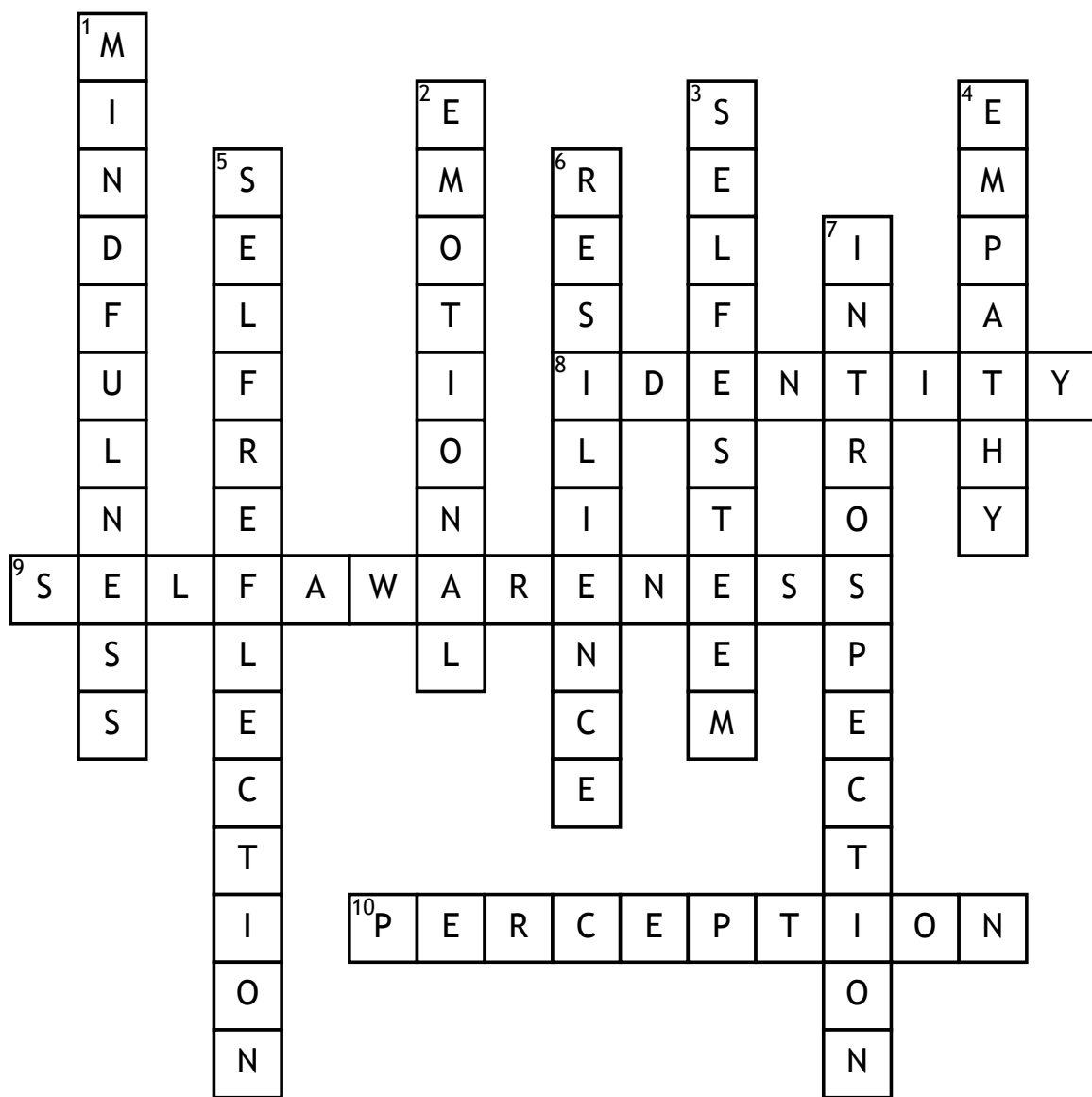
Empathy

Perception

Self-Reflection

Self-Awareness

How To Develop Self-Awareness As A Student



Across

8. Who you are as a person, including your values and beliefs.
9. Understanding oneself and being conscious of one's thoughts and actions.
10. How you see and understand things.

Down

1. Paying attention to the present moment with openness and curiosity.
2. Understanding and managing your own emotions and the emotions of others, _____ Intelligence

3. How you feel about yourself and your self-worth.
4. Understanding and sharing the feelings of others.
5. Thinking about your own thoughts and actions.
6. Bouncing back from challenges and setbacks.
7. Examining your own thoughts and feelings.