

Why Bigger Dogs May Grow Old Faster

A new study looks at chemical tags on DNA to explain why huge dogs often have shorter lives than tiny ones.



A large dog and a small dog stand beside a DNA strand and a faint clock, suggesting different aging patterns.

A new study may help explain why very large dogs often live shorter lives than very small dogs. According to Live Science, researchers studied **chemical** tags on dogs' DNA and found signs that big dogs age faster at a deep cell level. Great Danes and mastiffs often do not live as long as Chihuahuas, and scientists have wondered why size makes such a difference.

The study was published Thursday in the journal Science. It looked at blood **samples** from 894 dogs in the Dog Aging Project, a long-term study based at the University of Washington. A long-term study follows subjects over time instead of checking them only once. In this case, the subjects are pet dogs whose owners help track their health and lives.

The scientists focused on DNA, the instruction molecule inside cells. They studied the **methy-lome**, which is a pattern of tiny chemical tags attached to DNA. These tags are called methyl groups. They do not change the DNA code itself. Instead, they can affect how cells use that code, a bit like sticky notes that tell a cell which instructions to read more or less often.

This kind of control is called epigenetics, which means changes that affect how genes work without changing the DNA letters. Genes are sections of DNA that carry instructions for the body. As animals get older, methyl groups tend to shift in patterns scientists can measure. Researchers can use those patterns to build an epigenetic clock, a tool that estimates **biological** age. Biological age means how old the body seems based on its cells, not just how many birthdays it has had.

The researchers built those clocks using dogs' **immune** cells. Immune cells help protect the body from illness. Because they move through the body, they can give clues about overall health. The study found that dogs whose epigenetic age was older than expected had a higher risk of dying from any cause. When the scientists compared dogs of different sizes, larger dogs showed faster aging by this measure.

One important clue involved transposable elements, sometimes called jumping genes. These are pieces of DNA that can move around in the **genome**, which is the full set of genetic instructions in an **organism**. Methyl groups usually help

keep jumping genes quiet. In larger dogs, the study found a loss of methyl groups in some of these areas. If jumping genes become too active, they may damage other genes and increase inflammation, which is the body's swelling-and-defense response that can become harmful when it lasts too long.

The study does not prove every reason big dogs age faster. The researchers say the data explains only part of the difference. One idea is that humans bred some dogs to become very large, and that rapid growth may come with trade-offs. A trade-off means gaining one benefit while giving up something else. In this case, growing big quickly might leave less energy for long-term

body repair and immune strength. The study does not directly prove that idea, but it gives scientists a path to test.

This matters beyond dogs. Dogs share homes, food environments, air, routines, and sometimes stress with people. They also get some of the same age-related diseases humans do. Learning how their cells change over time could help scientists ask better questions about human aging, too. For a middle school science class, the story connects genetics, cells, animal **breeding**, and data. It also shows that a familiar question, why some pets live longer than others, can lead to research at the **molecular** level, the level of tiny particles and chemicals inside cells.

Written from reporting by Live Science.

THINK IT THROUGH

1. If people have bred some dogs to be very large, what responsibilities might breeders, owners, or kennel clubs have if large size is linked to shorter lives?

A strong answer: A strong answer would weigh human preferences against animal health and consider who has power to change breeding choices.

2. The study used pet dogs because they share human environments. What are the strengths and limits of using dogs to learn about human aging?

A strong answer: A strong answer would discuss shared environments and similar diseases while noting that dogs and humans are still different species.

3. Should a biological-age test for pets be used mainly to predict health problems, or could it create unfair worries for owners? Defend your view.

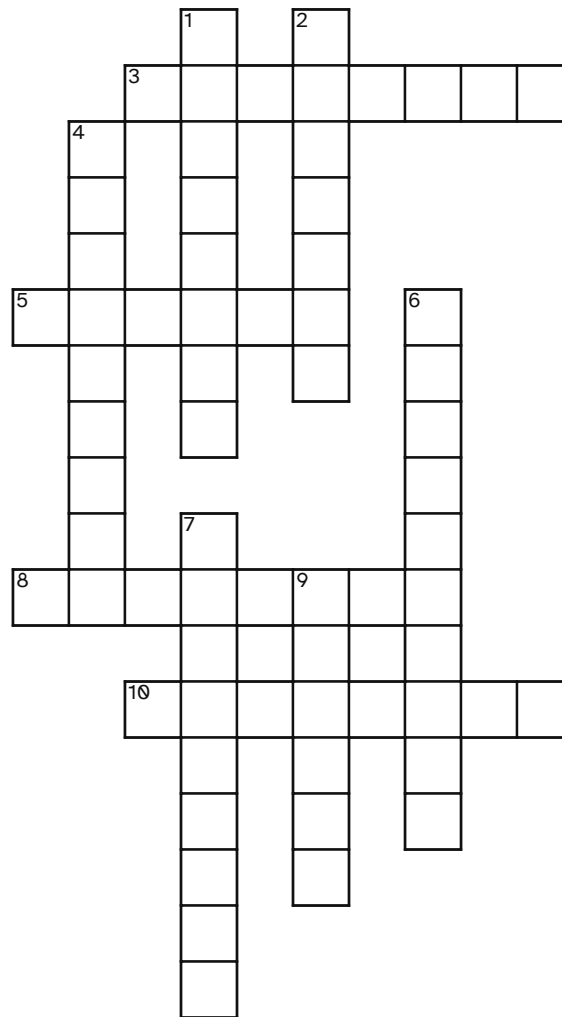
A strong answer: A strong answer would balance useful early warnings with uncertainty, emotional effects, and the limits of prediction.

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G E L T T I N L E L E A Z G E O O G
I I A T B E E T E O R I S X I I E O
Y T A I C M L L O E A F O M C X A A
X A R E M F A A I Y E N D M N W G M
I T A A W U S H N M Y C S C T T M O
C C N U D M M M M C M G C E U E L L
G E N O M E B P O S S U A T O L M B
E N E I M T O L O R G A N I S M A A
M T N G A H E F D T M E M E E I E L
G H P E A Y B O F T N L U P I L C T
R L M M O L E C U L A R R I L C R I
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BIOLOGICAL	BREEDING	CHEMICAL	GENOME	IMMUNE
METHYLOME	MOLECULAR	ORGANISM	SAMPLES	TRADEOFF

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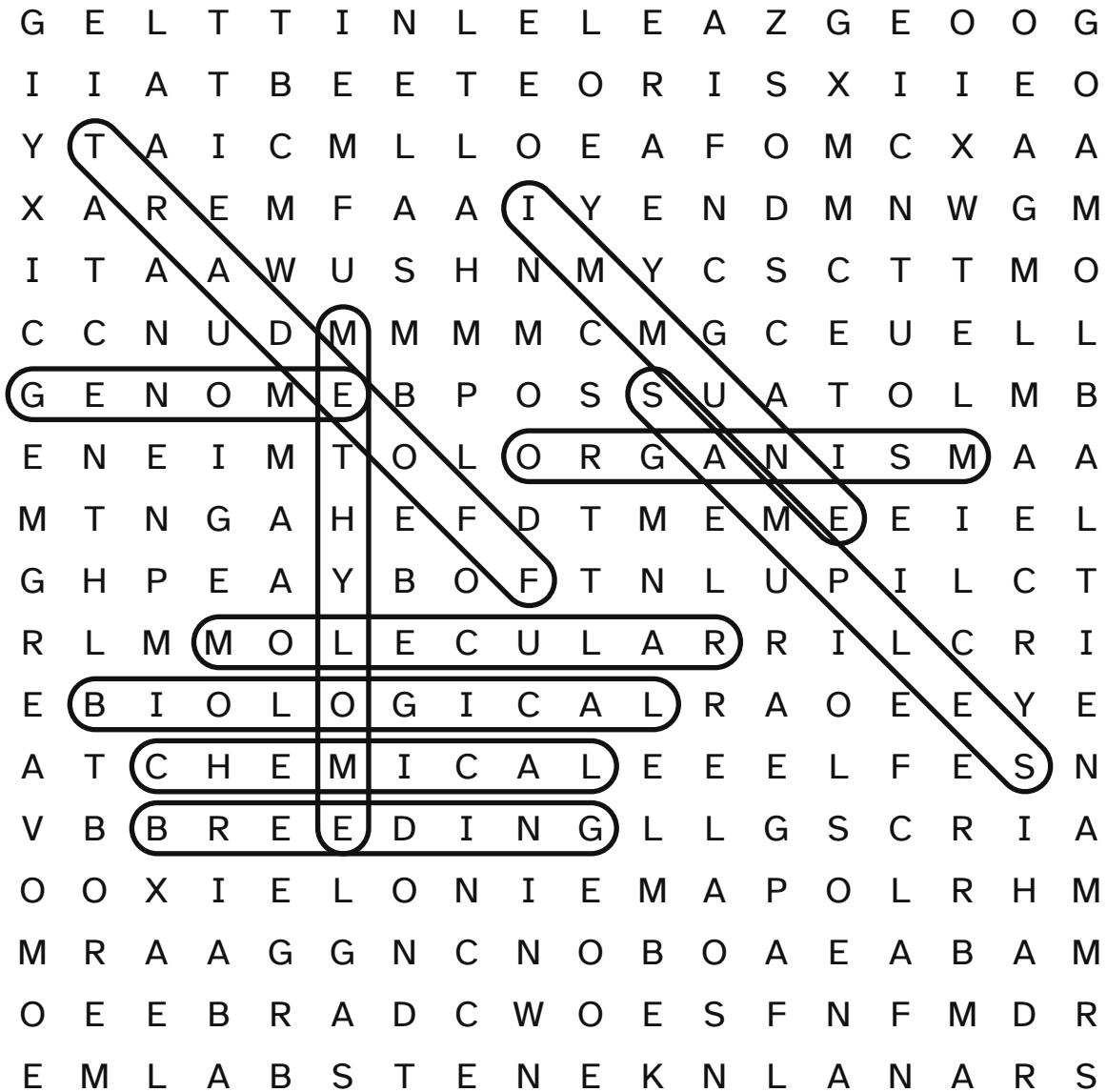
ACROSS

- 3** Individual living thing, such as a plant, animal, or bacterium
- 5** Complete collection of DNA instructions in a living thing
- 8** Selecting animal parents to produce young with wanted traits
- 10** Substance with a specific makeup that can react or work in the body

DOWN

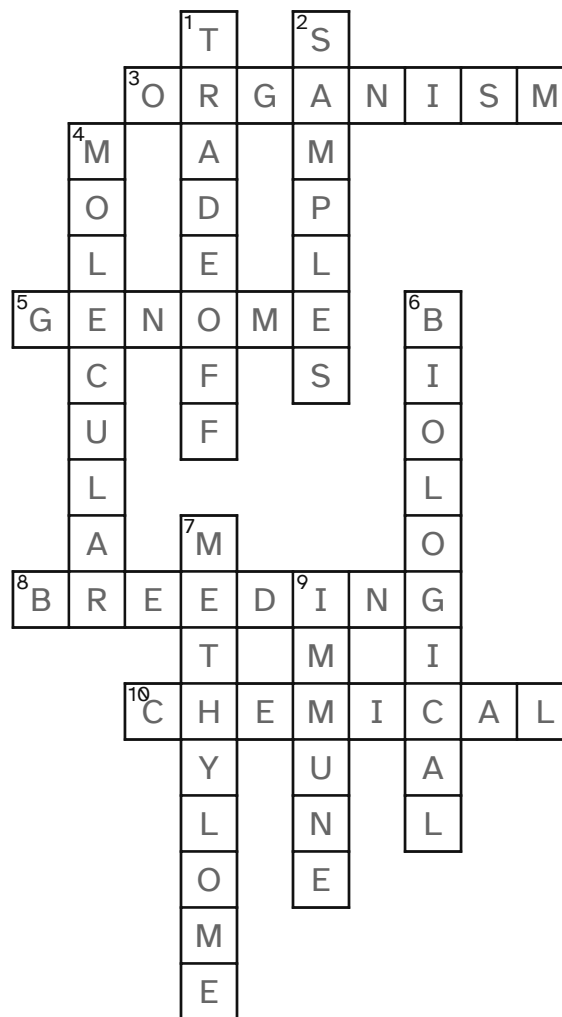
- 1** Situation where gaining one benefit requires giving up another
- 2** Small amounts or chosen examples gathered for study
- 4** Related to tiny particles that form substances and cells
- 6** Connected with living things and life processes
- 7** Overall map of tiny chemical tags attached to an animal's DNA
- 9** Related to body defenses that fight illness

Why Bigger Dogs May Grow Old Faster — answer key



BIOLOGICAL	BREEDING	CHEMICAL	GENOME	IMMUNE
METHYLOME	MOLECULAR	ORGANISM	SAMPLES	TRADEOFF

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ACROSS

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Where this came from

This article was written for 3andB from the reporting below. It is not a reprint — the wording is ours and the facts are theirs.

Live Science

“Big dogs age faster at an epigenetic level, new study finds”

Published Thursday, October 8, 2026

Read by us on Friday, October 9, 2026

<https://www.livescience.com/animals/dogs/big-dogs-age-faster-at-an-epigenetic-level-new-study-finds>

WHAT IS IN THIS PACKET

The article with a note on each question, a word search, a crossword, and the answer key to both.

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